

Notification of Covid-19 Exposure

In the event an instructor or student is found to be positive for Covid-19, a club representative will contact all participants in the class, as well as any other individual present in the building during that time. Ensure and protect the confidentiality of the student or instructor as required by law.

In addition that person also needs to contact the Jackson County Health Department at 816-404-9883 to notify them of a possible exposure in the building.

Possible wording for student notification

We have been notified that a class participant has been diagnosed with COVID-19. As such, students in your class may have been exposed to the virus. According to the Centers for Disease Control and Prevention (CDC), the virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. If you experience symptoms of respiratory illness (fever, coughing or shortness of breath), please stay home and contact your health care provider.

- According to the [CDC](#) (6/25/20) a positive exposure consists of an individual who had close contact (less than 6 feet) for greater than 15 minutes. When following the current club guidelines (masks and social distancing) class participants are at low risk for exposure.
- If exposure occurs (less than 6 feet for greater than 15 minutes) the current recommendations for the exposed person are as follows:
 - Stay home until 14 days after last exposure and maintain social distance (at least 6 feet) from others at all times
 - Self-monitor for symptoms
 - Check temperature twice a day
 - Watch for fever*, cough, or shortness of breath, or other [symptoms](#) of COVID-19
 - Avoid contact with [people at higher risk for severe illness](#) from COVID-19
 - Follow [CDC guidance](#) if symptoms develop
- Current cleaning procedures are adequate to prevent the spread of COVID-19 per current guidelines, and should not need to be modified in the event an individual does test positive for COVID-19.

In summary, the club is following all CDC and county guidelines to help prevent the spread of COVID-19. We need to continue to be vigilant about wearing masks, distancing of 6 feet, and building sanitation. If we continue in this fashion all current research supports that we should be able to continue training classes with minimal risk to participants.